

# August 2018 Senior Calendar

SUN

MON

TUE

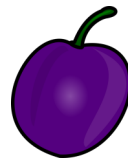
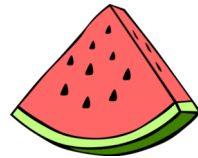
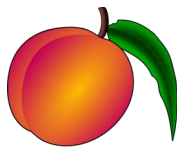
WED

THU

FRI

SAT

**Fruits in Season:**



5

6

**Vegetables in Season:**



7

8

Large event next door, parking may be an issue

9

10

Mexican Train play starts @12:15pm

11

12

13

ACLD Book Chat  
Bagels & Coffee  
@ 10:45am

14

15

Walking Wednesday with Beth @ 9am

16

17

Mahjong play starts @12:15pm

18

19

20

21

22

23

No Fitness Classes after 1pm

24

NO Fitness Classes

25

NO Fitness Classes

26

NO Fitness Classes

27

Movie Monday "Miracle Season" @ 12:00pm

28

29

Balance Builder Event by SS 1:30pm-2:30pm

30

Nutrition Class @ 10:30am "Young at Heart: Healthy Aging"

31