



**GLENDALE  
SPORTS CENTER**  
AT INFINITY PARK®



# PERSONAL TRAINING

Certified Personal Trainers provide individualized wellness programs based on your needs and goals.

Varying session lengths are available and our trainers will work with your schedule.

Sessions are by appointment only and can be purchased at the front desk.

All sessions expire 6 months from the date of purchase and are non-transferable.

## ONE-ON-ONE PACKAGES

### 60 minute packages

1 session: \$62  
4 sessions: \$228  
8 sessions: \$446  
12 sessions: \$632

### 30 minute packages

4 sessions: \$136  
8 sessions: \$245  
12 sessions: \$347

## BUDDY PACKAGES

Training for 2 people together.  
Must have buddy/training partner to register.

### 1 hour packages. Pricing per individual.

1 session: \$50  
4 sessions: \$184  
8 sessions: \$357  
12 sessions: \$506