



# March 2020 Active Older Adult Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 ALL game play starts @ 12:30pm every Friday	7
8	9 ACLD Book Chat Bagels & Coffee @ 10:45am	10	11	12 Dazzle Jazz Club Brunch 10:45—1:45	13 Learn to play Mexican Train @12:45pm	14
15	16 Large Event next door, parking may be a problem. 12pm—2pm	17	18 Cravings & Weight Gain: Blood Sugar Presentation @10:45am	19	20	21
22	23 	24	25	26 ROADS program @9:30am FREE	27 Senior Symposium @ Kentucky Village Circle 10am—1pm	28
29	30	31	1	2	3	4

## Upcoming Events:

### **Dazzle Jazz Club Brunch**

Thursday, March 12th  
10:45 am—1:45pm.  
Enjoy jazz music and brunch. \$5 fee includes transportation, but not the lunch fee. Cancel by 4/10.

### **ROADS Program**

Reaching Older Adult Drivers—Keys to Driver Longer & Safer  
FREE program to teach safe driving habits for older adults.

### **Senior Symposium**

Friday, March 27th  
10am—1pm  
An informational meeting featuring vendors that are great resources for seniors!  
Located at Kentucky Village Circle—4901 E. Kentucky Circle, Denver CO 80246

Contact Kelly Cloughly at [kcloughly@denverymca.org](mailto:kcloughly@denverymca.org) or call 303-692-5778

Grab a parking pass from the front desk to use for special events! There will be one assigned row for Sports Center