

Since this food drive will be ongoing for 2 weeks, we are asking for donations of shelf-stable, non-perishable items only. We also ask that items not be in glass jars to avoid breakage. A list of suggested items is below:

Grains/Starch

- Rice
- Boxed potatoes
- Microwavable noodles
- Boxed Mac n Cheese
- Pasta & Canned tomato sauce

Proteins

- Canned chicken, tuna, salmon, ham
- Canned or dried beans & lentils

Miscellaneous

- Canned soups
- Spices and dried herbs
- Cooking oil in plastic bottles (such as olive oil, canola oil)

Snacks & Breakfast Items

- Nuts and seeds
- Dried Fruit, like individual boxed raisins
- Canned fruit (preferably canned in fruit juice, not syrup)
- Granola bars
- Instant oatmeal
- Pancake mix
- Popcorn
- Individual packaged cereals (preferably lower sugar cereals, like Cheerios)
- Applesauce pouches/cups
- Fruit snacks
- 100% fruit juice boxes
- Shelf-stable milk/ non-dairy milks

Baby food (preferably not in glass jars to avoid breakage)

Hygiene products

- Toothbrush/paste

- shampoo, conditioner, bodywash, soap, sponge/loofa
- toilet paper
- Diapers /baby wipes
- Feminine products